

Village of Buckingham Springs

Newsletter

August-September 2025

Volume 36 Number 5

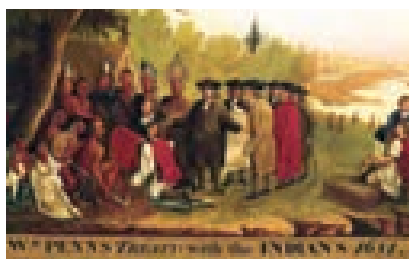


LETTER FROM THE EDITOR: **The History of Buckingham, Pennsylvania**

Nestled in the heart of Bucks County, **Buckingham, Pennsylvania** is one of the state's oldest and most historically rich townships. Its roots stretch deep into the early colonial period, and its development over the centuries paints a vivid picture of American growth, from rural settlements to modern suburbia, all while preserving a sense of deep historical continuity.

Early Inhabitants and Founding

Long before European settlers arrived, the area that is now Buckingham Township was inhabited by the **Lenape people**, a Native American tribe that lived along the Delaware River. They cultivated the land, fished in the streams, and established a network of trails that would later influence colonial roads.



European settlement began in earnest in the late 1600s and early 1700s, primarily by **English Quakers**, who were drawn to the area after William Penn's establishment of Pennsylvania as a colony based on religious tolerance and democratic principles. Buckingham was officially established as a township in **1700**, making it one of the earliest municipal entities in Bucks County.

The settlers found fertile soil and abundant resources, allowing the community to flourish agriculturally. Farming became the economic backbone of the area, with crops like corn, wheat, and flax being widely cultivated.

Revolutionary War and Historic Legacy

Buckingham played a subtle yet significant role in the **American Revolutionary War**. Its strategic location near Washington Crossing made it a waypoint for troops and messengers. General George Washington is believed to have passed through the township multiple times during the war effort. Additionally, several residents supported the Patriot cause by offering supplies and shelter to Continental soldiers.

The township's Quaker roots also meant that many of its inhabitants were pacifists. This duality—between active support and principled non-involvement—reflected the complex dynamics within the community during that turbulent time.

One of the most iconic landmarks from this era is the **Buckingham Friends Meeting House**, constructed in 1768. This structure, still in use today, is a testament to the community's Quaker heritage and stands as a rare example of colonial religious architecture.



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19th Century: Growth and Industry

In the 1800s, Buckingham experienced steady growth as transportation infrastructure improved. The construction of **roads and turnpikes**, such as the Buckingham Turnpike (now U.S. Route 202), enabled better trade and mobility. As a result, small industries began to complement the township's agrarian economy.

Mills powered by water from local creeks processed grain and timber, while small-scale blacksmithing, tanning, and crafting businesses emerged in the villages that dotted the township—such as Holicong, Mechanicsville, and Lahaska. Lahaska, in particular, later developed into a center of commerce and, eventually, tourism.



Despite these developments, Buckingham retained much of its rural character. The Industrial Revolution transformed many other regions into industrial powerhouses, but Buckingham's residents largely maintained a strong attachment to their agricultural roots and community values.

20th Century:

Modernization with Preservation

The 20th century brought more dramatic change. The rise of the automobile and suburbanization led to increased residential development, particularly after World War II. Farmlands were slowly transformed into housing developments and commercial areas.

However, Buckingham Township was notable for its **conscious efforts to preserve its historical and natural character**. Local leaders and residents advocated for zoning laws and historical preservation ordinances that protected old buildings, scenic roads, and farmlands.

One of the most visible examples of this preservation ethos is **Peddler's Village**, established in 1962 in Lahaska. This 18th-century-style shopping village became a regional attraction, blending retail with historic architecture and reinforcing the township's identity as a place where history and modern life coexist.

Contemporary Buckingham

Today, Buckingham is a **thriving suburban-rural community** that balances growth with conservation. While it offers the amenities and connectivity expected in the 21st century, it remains deeply tied to its past. Historic homes, barns, and stone walls line its roads, and community events often celebrate its colonial and Quaker heritage.

The township's schools, parks, and community organizations continue to foster a strong sense of civic pride. Environmental sustainability has become a key theme in local governance, with efforts focused on open space preservation, watershed protection, and historical education.

Conclusion

Buckingham, Pennsylvania, stands as a living chronicle of American history. From Native American lands to colonial settlement, from revolutionary crossroads to modern suburban charm, it reflects the broader narrative of the nation while maintaining its unique identity. Its blend of history, culture, and community spirit makes it not only a beautiful place to visit or live but also an enduring symbol of Pennsylvania's rich heritage.

Joe Gervase, Editor, Social Director

THIS 'N THAT: SCHEDULE OF ACTIVITIES

Village of
BUCKINGHAM
SPRINGS

If you have changes, corrections, or additions to the activities in the clubhouse, please provide them to Joe Gervase at jgervase@mckeegroup.net

BEAD SOCIETY1st Wed. 7 pm
BEREAVEMENT GROUP 1st Tues. 11 am
BIBLE STUDY Wednesday 1pm
BINGO 1st Friday 6:30 pm
BLOOD PRESSURE CHECK .3rd Wed. 10 am
BOOK CLUB 3rd Mon. 7 pm
BOWLING..... 12 noon Start (*Begins 8/28*)
BRIDGE Wednesday 1 pm
CANASTA..... Monday 6:30 pm
CARDBAKING.....3rd Tues. 10 am
CAREGIVERS2nd Thursday. noon
CHAIR YOGA Mon. 2pm; Fri. 11am
CIRCLE OF FRIENDSLast Wed. 10 am
COFFEE KLATCH..... Tues. & Thurs. 8:00 am
COLORING CLUB..... Mon. 10 am
CORNHOLE Saturday 10am (*Starts 10/12*)
CRAFT GROUP 1st Sunday 1 pm
DANCE CLASS ... Tues. 12 noon (*Starts 10/1-5/20*)
DARTS Wed. 6:30 pm (*Oct-March*)
ELECTRONICS 2nd and 4th Thurs. 7 pm
FITNESS FIESTA Mon. 1 pm; Fri. 10 am
FITNESS 40/YOGA 40Wed. 5:00 pm
GARDENING CLUB2nd Tuesday 7:00 pm
GERONIMOLast Sunday 7:00 pm

GOLFMon. Gather 7:45 am;
Tee off 8:10 am weather permitting
GIRLS NIGHT OUT! Last Friday 7:00 pm
GREETING CARD GROUP.... 3rd Tues. 10:00 am
HORSESHOES (Ladies)Tues. 5:00 pm
HOT DOG WEDNESDAY 12 noon
Memorial Day until Labor Day
JAM SESSIONThurs. 12 noon *until 8/28*
KNIT & CROCHET 2nd Wednesday 10:00 am
MAHJONGTuesday 1:00 pm
PHASE 10 Thursday 7 pm
PICKLEBALL Wed. 11:30 am & Fri. 1:00 pm
PING PONG Mon. 10:00 am - 12 noon
PINOCHLE Thursday 7:00 pm
POKER Wednesday 6:30 pm
POOL(Men's) Tues & Thurs 6:30 pm
POOL (Ladies) Sun. 5:30 pm
QUILT CLUB 3rd Wed. 11 am
SHUFFLEBOARD Tues. 3:00 pm
TEXAS HOLD-EM Tues. 6:30 pm
WALK AWAY M – F 9:00 am; Sat. 8:00 am
WOMEN'S DARTS Mon. 4-5 pm
WATER AEROBICSWed. & Fri. 11 am *Starting 7/9*

Welcome NEW NEIGHBORS

John & Maureen Pfifer
184 Hummingbird Court South

Michael & Donna Shonewolf and Joanne Murphy
98 Acorn Court East

Judy Shaw
395 Thrush Circle West

Leon Chamberlain
58 Wildflower Court

Anthony & Irene Pisano
383 Thrush Court West

CROSSWORD PUZZLE July 31

Answer on Page 9

Across		
1 Price	26 County fair transport	51 Small island southwest of Hawaii in Micronesia
5 Long in the tooth	29 LBJ or JFK, e.g. (Abbr.)	52 One-wheel transport
9 Boat propellers	32 Iris's place	56 Flabbergast
13 River of Flanders	33 In a frenzy	60 Heroic tale
14 Relative of a giraffe	36 Stretch of turbulent water	61 Cliffside dwelling
15 Disney goldfish	38 Noggin, in slang	63 Tints
16 Jai follower	39 Rank	64 Bartlett's abbr.
17 Hall of Famer Paul ____ ("Big Poison")	40 Foreshadow	65 Four-star reviews
18 Expressionist Nolde	41 Some name suffixes	66 Liberal pursuits
19 Oklahoma city	42 Bone (Prefix)	67 Meter reading
21 Transport in the air	43 Wear the crown	68 Andean peak ____ Cruces
23 Amphitheater style	44 Drag one's feet	69 Calliope, for one
25 ____ Paese cheese	47 Two-wheel transport	
	50 Brit. fliers	

From the Management Office:

I hope this newsletter finds you well and enjoying the summer!

We are glad to see so many residents enjoying the pool! When bringing children to the pool, please be cognizant of their splashing and jumping in the pool, especially near other residents. Residents are responsible for the behavior of their guests at the pool.

Aqua Aerobics will continue to be offered Wednesday and Friday starting at 11am. Enjoy!

As you know, all exterior lampposts in the Community are the main form of street lighting. Residents are responsible for maintaining the lamppost in working condition and making sure they have a working light bulb at all times. A 60-watt outdoor lightbulb is best for optimum light. Flickering and/or colored bulbs are not adequate or acceptable. If you do have one of these, we ask that you change it promptly. This will help provide safety and security for all who walk or drive when it's dark.

We continue to get concerns about vehicles parking on the lawns and in the streets overnight. This is not permitted, even on a temporary basis. Below are some vehicle/parking reminders:

- Overnight parking on the streets is not permitted.
- Parking on the grass anywhere in the Community is not permitted.
- Cars, golf carts, and lawn mowers may not be parked or stored on patios or lawns.
- Repair of motor vehicles is not permitted in the Village.
- Unlicensed, unregistered, un-insured or inoperable vehicles are not permitted to be stored in the Village.
- Mini-bikes, dirt bikes, motorcycles, go-carts, snow mobiles, dune buggies, and other similar recreational vehicles are not permitted to be driven in the Village.
- Parking in the Clubhouse lot is reserved for residents and their guests while using the Clubhouse, or during short-term guest visits with management permission.
- If your guests or your contractors need to park in the street during daytime hours, please make sure they are not making it difficult, or dangerous, for Residents to enter or exit their driveway, or navigate our streets safely.

The office will be closed on September 1st for Labor Day.

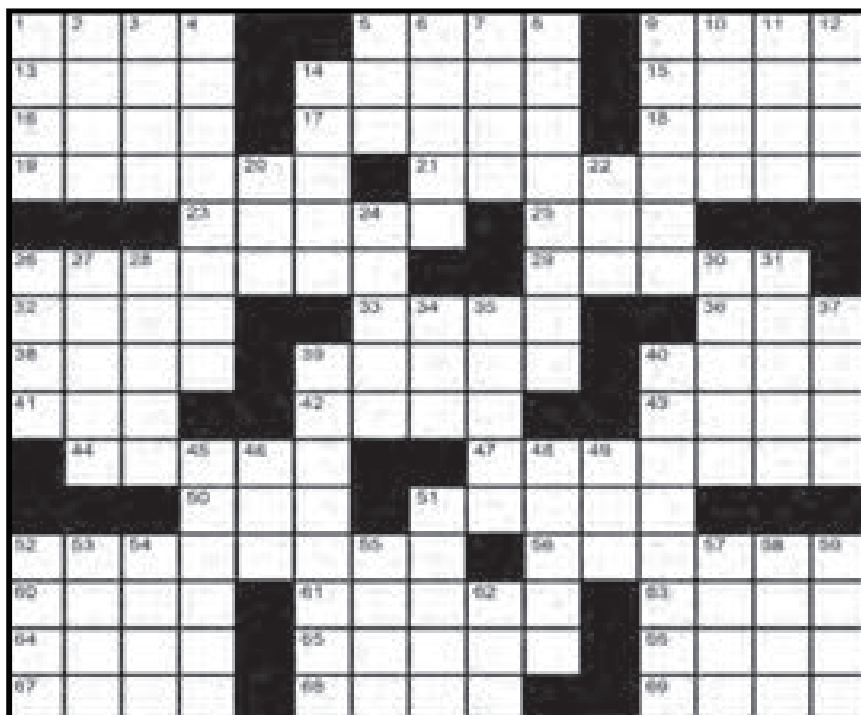
Trash and recycling will be picked up Wednesday, September 3rd due to the Labor Day holiday.

Enjoy the rest of your summer!

Amy Grzywinski, Community Manager

Down

- 1 Greenish blue
- 2 Norse capital
- 3 Lightly burn
- 4 Three-hulled transport
- 5 Rap sheet abbr.
- 6 Acapulco gold
- 7 Fencing sword
- 8 Off-road transport
- 9 Butterfly "eye" markings
- 10 Diva Gluck
- 11 Curb, with "in"
- 12 It's under a foot
- 14 Possessed
- 20 Uris hero ___ Ben Canaan
- 22 White House souvenir
- 24 Draws nigh
- 26 Centers of activity
- 27 Declares
- 28 Bakery supply
- 30 Food fish
- 31 Move furtively
- 34 Yoga class need
- 35 Black Sea port, new-style
- 37 House of Lords member
- 39 Non-road transport
- 40 Single horse carriage transport
- 45 Mysterious
- 46 Not of the cloth
- 48 Rubik's toys
- 49 Guadalajara gold
- 51 Audacity
- 52 America's flyers, in brief
- 53 "Peter Pan" pooch
- 54 Borodin's prince
- 55 Shakespearean king
- 57 Wise guy
- 58 Reply to "Shall we?"
- 59 To be, in old Rome
- 62 For example abbrs.



VOB BUS TRIPS

REVISED



This bus always leaves
the parking lot at 9:30 am,
unless you are notified.

REVISED August VOBS bus trips

Sign up for these trips was July 14th

Friday, August 1 - Walking tour or Historic Trappe and Skippack Village

Monday, August 4 - Wind Creek Casino

Wednesday, August 6 - Phillies Game for those who have signed up

Leaving at 10 am

Friday, August 8 - Mini Golf at Freddie Hill Farms \$5 & \$4

Friday, August 15 - Rescheduled Oscar Hammerstein Museum \$15

Wednesday, August 20 - Summerseat House Tour

Wednesday, August 27 - Beer Tour

SEPTEMBER VOBS BUS TRIPS

Sign up for these trips Tuesday, August 5.

Friday, September 5 - Meadowbrook Farm, Meadowbrook, PA

Tuesday, September 9 - Resorts Casino Leaving 8:30 am \$49

This bus trip on a 56-passenger bus is available to residents and non-residents

Thursday, September 11 - Columbus Farmers Market Leaving 8 am

Monday, September 15 - Philly City Sightseeing Hop On-Hop off Bus \$36

Wednesday, September 17 or Friday, September 19

The Stoozeum Museum / Lost Caverns

One of these will be scheduled for each of these dates.

*All VOBS trips leave at 9:30 am, unless otherwise noted.
If you cannot go, please contact Nancy McGinty at 215-828-2818.
There may be a wait list, so don't keep another resident from going!*

Mark Your Calendars

★ ★ ★ **Phillies** BASEBALL GAME ★ ★ ★

Wednesday, August 6 - Orioles 12:35 Game

Bus leaves at 10:00 am

★ ★ ★ ★ ★ ★



RESORTS CASINO

Tuesday, September 9

Bus leaves at 8:30 am

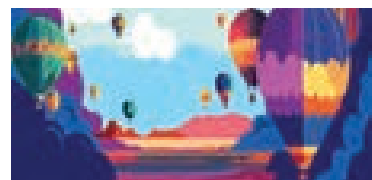
54 passenger motorcoach, \$18 slot play, all tax and tips included, 6 hours of play

\$49 Payment due August 9

Available to residents and non-residents - Signup sheet in the clubhouse

★ ★ ★ ★ ★ ★

ALBERQUERQUE BALLOON FEST
OCTOBER 1 - 10

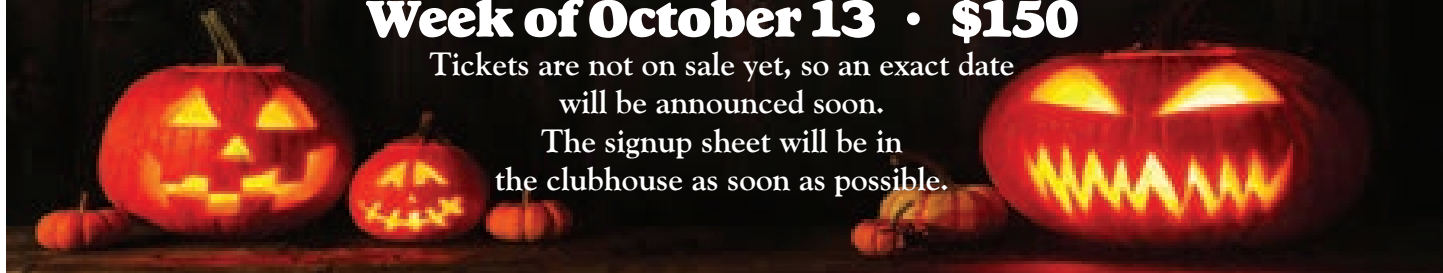


THE GREAT JACK O' LANTERN BLAZE

Week of October 13 • \$150

Tickets are not on sale yet, so an exact date
will be announced soon.

The signup sheet will be in
the clubhouse as soon as possible.



Wednesday, November 19

Bus leaves at 9:45 am

"Christmas Show" American Music Theater

54 passenger motorcoach • Lunch at Hershey Farms, Show, Tax & Tips

Signup sheet in clubhouse

\$135 Payment due September 15

★ ★ ★ ★ ★ ★

Important meeting about future trips

Monday, September 15 • 7 pm

Niagara Falls, Cruise from Philadelphia or Bayonne, Spain, Viking Tulip trip, other suggestions

Cherry Pie Bars

Ingredients

- 1 cup butter, softened
- 2 cups sugar
- 1 teaspoon salt
- 4 large eggs, room temperature
- 1 teaspoon vanilla extract
- 1/4 teaspoon almond extract
- 3 cups all-purpose flour
- 2 cans (21 ounces each) cherry pie filling

GLAZE:

- 1 cup confectioners' sugar
- 1/2 teaspoon vanilla extract
- 1/2 teaspoon almond extract
- 2 to 3 tablespoons 2% milk



Directions

1. Preheat oven to 350°. In a large bowl, cream butter, sugar and salt until light and fluffy, 5-7 minutes. Add eggs, 1 at a time, beating well after each addition. Beat in extracts. Gradually add flour.
2. Spread 3 cups dough into a greased 15x10x1-in. baking pan. Spread with pie filling. Drop remaining dough by teaspoonfuls over filling. Bake 35-40 minutes or until golden brown. Cool completely in pan on a wire rack.
3. In a small bowl, mix confectioners' sugar, extracts and enough milk to reach desired consistency; drizzle over top.

Jane Snyder

Cheryl's Kitchen

My favorite Chocolate Cake

RECIPE



5 min time | 30 min cook time | serves 12

INGREDIENTS: CAKE

- | | |
|------------------------------------|-------------------------|
| 2 cups flour | 1/2 cup vegetable oil |
| 2 cups sugar | 1 cup strong hot coffee |
| 5 heaping Tablespoons cocoa powder | 2 eggs |
| 2 teaspoons baking soda | 1 cup milk |
| 1 teaspoon baking powder | 1 teaspoon vanilla |
| 1 teaspoon salt | |

INGREDIENTS: ICING

- | | |
|-------------------------------|--------------------|
| 6 Tablespoons softened butter | 1/2 cup milk |
| 1/2 cup cocoa powder | 1 teaspoon vanilla |
| 2 % cup confectioners sugar | |

CAKE:

Put dry ingredients in a bowl. Add oil and hot coffee with whisk. Add eggs, milk and vanilla mixing until smooth. Batter will be very thin. Transfer into greased and floured 9X13 pan or 2 - 9" round pans. Bake 350 degrees until top springs back. 25-30 minutes.

ICING:

Cream butter in mixing bowl. Add

cocoa and confectioners sugar

alternately with milk. Beat to

spreading consistency. Add vanilla.

I received this recipe from an Aunt at my Bridal Shower. It has been a family favorite for generations. It has the taste and spongy consistency of a Tastycake Chocolate cupcake. I also use this recipe for my chocolate cupcakes. Always a hit.

ENJOY!

Spinach & Strawberry Salad with Lemon Dressing

This recipe comes from a school cookbook edited by parents. I took it to a potluck one day and a young man asked for the recipe. He later told me it is the salad he takes to every gathering. The homemade dressing is what makes it special.

Salad:

- 1 Bag of Spinach Greens
 - 1 Pint of Fresh strawberries
 - 1/4 Cup of Slivered Almonds
- Wash, dry and devein spinach. Break into small pieces. Wash, hull, and slice Strawberries. Toss greens and strawberries, and top with almonds.

Lemon Dressing:

- 1/4 Cup sugar
 - 3 Tablespoons fresh Lemon Juice
 - 1 Egg Yolk
 - 6 Tablespoons of Vegetable oil
- Dissolve sugar in lemon juice. Beat in egg until light and smooth. Whisk in one Tablespoon of oil at a time. Pour over salad and serve.
- Yield: 4 – 6 servings

Beth Slim

Knowing Me, Knowing You:

How Understanding Personality Shapes Relationships in Older Adulthood

As we grow older, relationships often take on deeper meaning. The bonds we share with family, old friends, neighbors, and caregivers become lifelines to purpose, connection, and emotional wellness. Yet, not all older adults relate to others in the same way. While some thrive in conversation and community, others need quiet time and personal space to feel whole. This difference isn't just a matter of mood or energy, it's rooted in personality. Specifically, tools like the **Myers-Briggs Type Indicator (MBTI)** offer powerful insight into how people relate, communicate, and connect throughout life, including the later years. Understanding personality types can improve not only how older adults care for themselves, but how they **maintain and nurture meaningful relationships**, whether with adult children, a spouse, friends, or healthcare providers.

Understanding Ourselves, Understanding Others

As adults age, personality doesn't change drastically it often becomes more pronounced. Knowing whether someone is an **Introvert (I)** or **Extravert (E)**, a **Feeler (F)** or **Thinker (T)**, or prefers **Judging (J)** over **Perceiving (P)** can offer profound clues about how they interact in relationships. **Introverts**, for instance, may be fully content with a small circle of close companions. They may not always initiate calls or want frequent visits, but they deeply value connection when it's meaningful. Understanding this can help family members avoid misinterpreting solitude as loneliness or distance.

Extraverts, by contrast, often feel energized by people. They may grow restless or emotionally drained if isolated. For them, relationships are essential to daily rhythm, and being surrounded by family, friends, or caregivers brings joy and vitality.

Personality and Conflict in Older Adulthood

Conflict doesn't disappear with age, it just changes shape. In older adulthood, tensions often arise around independence, care decisions, or communication styles. That's where personality insights can shine. For example, **Thinking types (T)** value logic, clarity, and efficiency. They might prefer direct conversations and struggle with highly emotional exchanges. When facing health decisions, they may want the facts, not sympathy. On the other hand, **Feeling types (F)** prioritize harmony, empathy, and shared values. They might take direct feedback personally or feel dismissed when conversations lack emotional depth. Imagine an older adult who

INTJ INNOVATIVE, INDEPENDENT, STRATEGIC, LOGICAL, RESERVED, INSIGHTFUL, DRIVEN BY THEIR OWN ORIGINAL IDEAS TO ACHIEVE IMPROVEMENTS.	INTP INTELLECTUAL, LOGICAL, PRECISE, RESERVED, FLEXIBLE, IMAGINATIVE, ORIGINAL THINKERS WHO ENJOY SPECULATION AND CREATIVE PROBLEM SOLVING.	ENTJ STRATEGIC, LOGICAL, EFFICIENT, OUTGOING, AMBITIOUS, INDEPENDENT, EFFECTIVE ORGANIZERS OF PEOPLE AND LONG-RANGE PLANNERS.	ENTP INVENTIVE, ENTHUSIASTIC, STRATEGIC, ENTERPRISING, INQUIRIOUS, VERSATILE, ENJOY NEW IDEAS AND CHALLENGES, VALUE INSPIRATION.
INFJ IDEALISTIC, ORGANIZED, INSIGHTFUL, DEPENDABLE, COMPASSIONATE, GENTLE, SEEK HARMONY AND COOPERATION, ENJOY INTELLECTUAL STIMULATION.	INFP SENSITIVE, CREATIVE, IDEALISTIC, PERCEPTIVE, CARING, LOYAL, VALUE INNER HARMONY AND PERSONAL GROWTH, FOCUS ON DREAMS AND POSSIBILITIES.	ENFJ CARING, ENTHUSIASTIC, IDEALISTIC, ORGANIZED, DIPLOMATIC, RESPONSIBLE, SKILLED COMMUNICATORS WHO VALUE CONNECTION WITH PEOPLE.	ENFP ENTHUSIASTIC, CREATIVE, SPONTANEOUS, OPTIMISTIC, SUPPORTIVE, PLAYFUL, VALUE INSPIRATION, ENJOY STARTING NEW PROJECTS, SEE POTENTIAL IN OTHERS.
ISTJ RESPONSIBLE, SINCERE, ANALYTICAL, RESERVED, REALISTIC, SYSTEMATIC, HARDWORKING, AND TRUSTWORTHY WITH SOUND PRACTICAL JUDGEMENT.	ISFJ WARM, CONSIDERATE, GENTLE, RESPONSIBLE, PRAGMATIC, THOROUGH, DEVOTED CARETAKERS WHO ENJOY BEING HELPFUL TO OTHERS.	ESTJ EFFICIENT, OUTGOING, ANALYTICAL, SYSTEMATIC, DEPENDABLE, REALISTIC, LIKE TO RUN THE SHOW AND GET THINGS DONE IN AN ORDERLY FASHION.	ESFJ FRIENDLY, OUTGOING, RELIABLE, CONSIDERATE, ORGANIZED, PRACTICAL, LIKE TO BE HELPFUL AND PLEASE OTHERS, ENJOY BEING ACTIVE AND PRODUCTIVE.
ISTP ACTION-ORIENTED, LOGICAL, ANALYTICAL, SPONTANEOUS, RESERVED, INDEPENDENT, ENJOY ADVENTURE, SKILLED AT UNDERSTANDING THINGS.	ISFP GENTLE, SENSITIVE, NURTURING, HELPFUL, FLEXIBLE, REALISTIC, SEEK TO CREATE A PERSONAL ENVIRONMENT THAT IS BOTH BEAUTIFUL AND PRACTICAL.	ESTP OUTGOING, REALISTIC, ACTION-ORIENTED, CURIOUS, VERSATILE, SPONTANEOUS, PRAGMATIC PROBLEM SOLVERS AND SKILLFUL NEGOTIATORS.	ESFP PLAYFUL, ENTHUSIASTIC, FRIENDLY, SPONTANEOUS, TACTFUL, FLEXIBLE, HAVE A STRONG COMMON SENSE, ENJOY HELPING PEOPLE IN TANGIBLE WAYS.

is an **ISTP**, independent, pragmatic, and private, being assigned a caregiver who is an **ENFJ**, warm, expressive, and highly people-oriented. Without understanding these differences, both could feel misunderstood or frustrated. But with awareness, the caregiver can learn to offer space without taking it personally, and the older adult can appreciate the caregiver's efforts to build rapport.

Romantic Relationships and Later Life

For couples aging together, personality differences can become both a challenge and a strength. Some older couples, like a **Judging** partner married to a **Perceiving** one, may struggle over the tension between routine and spontaneity. Others, like a **Sensing** type paired with an **Intuitive** one, may find themselves on different wavelengths when talking about the future or reflecting on the past. But personality understanding fosters compassion. Knowing your spouse values alone time, affirmation, or predictability can defuse resentment and replace it with curiosity. **Friendships and Community** As people retire and relocate, friendship circles evolve. Some older adults find it easy to make new connections, while others hesitate. These tendencies are not just circumstantial; they're often personality-based. **ENFPs** and **ESFPs**, for example, often make friends easily, enjoying spontaneous interactions and vibrant conversations. They might join community events or take

leadership in group activities. In contrast, **ISFJs** or **INTPs** might prefer deeper connections with fewer people. They may not show up at every potluck, but they're the friends who remember birthdays and offer help behind the scenes. Recognizing these preferences allows communities to be more inclusive. Activities can be designed with both large-group extroverts and quiet one-on-one types in mind. And friends can respect each other's ways of showing love, whether through presence, service, listening, or conversation.

Family Relationships Across Generations

Adult children often struggle to understand how best to support their aging parents. Personality awareness can ease that tension. A **Judging** parent might want detailed plans and updates when facing a medical procedure, while a **Perceiving** parent may prefer to "wait and see." A **Feeling** parent may need frequent emotional reassurance, while a **Thinking** parent may feel more supported by help with logistics or home repairs. One son, after learning that his aging father was an **INTJ**, began approaching conversations more strategically, sharing articles, explaining his suggestions logically, and giving space for independent decisions. Their relationship, once strained, became smoother with this small but meaningful shift in approach.

Conclusion: A Path to Deeper Connection

Older adulthood doesn't have to mean the loss of independence, vibrancy, or purpose. When we take the time to understand personality through tools like the Myers-Briggs, we can better support whole- person wellness in aging. Whether it's crafting routines, selecting wellness activities, or fostering meaningful connections, a personality-informed approach helps older adults not just live longer, but live more fully, authentically, and joyfully. A period of learning and enrichment about times for reflection, growth, and relationship-building. When we take the time to understand personality and others, we deepen the foundation of empathy and respect.

The Myers-Briggs framework doesn't define us, but it gives language to the rhythms we've followed all our lives. And in this later chapter, it helps us reconnect with ourselves and each other in ways that are affirming, compassionate, and true. Because in the end, aging well isn't just about staying active or healthy. It's about being understood—and understanding the people who matter most.

If you are interested in finding out more about your personality and how you relate to others, the following link will take you there: <https://www.16personalities.com/personality-types>

Dr. G

Madeline Gervase, PhD-Ed, DNP, FNP, CNL, CCRN, APN, RN

SUDOKU

Level: Medium

Answer on Page 13

				5	8			
	4				7		3	
					9	2		
		1				7		
	2					5	6	
		9	6		4			
4							1	9
			2		5	6		
1								

CROSSWORD PUZZLE

Answer

July 31st														
C	O	S	T			A	G	E	D		O	A	R	S
Y	S	E	R			O	K	A	P	I		C	L	E
A	L	A	I			W	A	N	E	R		E	M	I
N	O	R	M	A	N		J	E	T	P	L	A	N	E
			A	R	E	N	A			B	E	L		
H	A	Y	R	I	D	E				I	N	I	T	S
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U	N	I	C	Y	C	L	E			B	O	G	G	L
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A	N	O	N			R	A	V	E	S		A	R	T
F	A	R	E			T	R	E	S			M	U	S

Let me tell you about 'Senior Games.

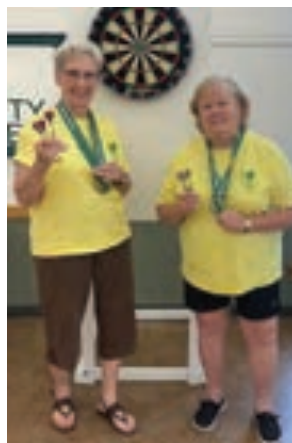
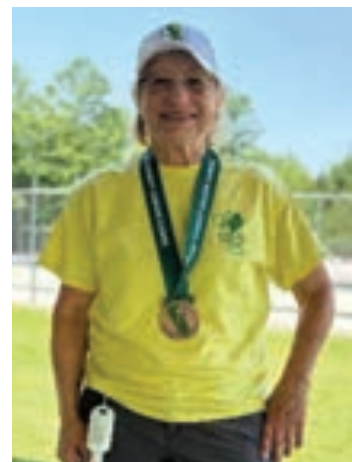
The Bucks County Senior Games is a series of competitive events, taking place over 7 days in early June and held at various locations. On Thursday June 5th the games began and right away at The Northampton Township Senior Center, **Marie Rutola** and **Mike Short** competed in Women's and Men's Billiards. They each were able to hustle a silver medal for their smooth shots.

On that same day over at The Bensalem Senior Center, **Irene Kennedy** was shooting that little piece of wood with 3 feathers and a sharp metal point in the right spots. She snagged a gold medal in Darts for her shooting.

Along comes Monday, June 9th, several of our villagers showed off their stuff at the Earl Bowl in Quakertown. Well they bowled as good there as they usually do when they are bowling in our league. **Irene** won another gold and **Pat Eagle** took a bronze for the women and **Bobby G** captured gold while **Frank Acord** took bronze for the men. *Not too shabby, huh?*

Kudos to **Carol Christmas** where on June 11th at Bucks County Community College she tossed her way through 3 games of Cornhole to emerge with a bronze medal. Her 1st opponent gave her fair fight, but her 2nd opponent, that would be me, did come from way back to even, but alas, her skills prevailed and she beat me. In her 3rd game, she fought tooth and nail with a guy I believe from Brazil who was very good. Their game went on for a lot of rounds before she finally won. There were quite a few of our villagers competing in Cornhole in several age brackets, **Louise Hartman**, **Jeff Braun**, **Dave** and **Marie Rutola**, **Maria Corrigan**, **Vince Pivnicny**, **Irene Kennedy** and **Denise Elliott**. There were probably more and if I didn't mention anyone's name I'm sorry.

Now we come to the last day of the games. A number of us were at Warwick Township Community Park where they held the Throwing competitions. **Louise and I**, **Dave** and **Marie Rutola**, **Denise Elliott**, **Cindy** and **John Bofinger** and others threw their hearts out (actually it was their arms that were thrown out) but through their Herculean efforts **Marie** got gold and **Denise** got silver for their expertise in tossing a frisbee through a variety of throwing styles and distances. **Cindy** and **John** were able to show off their quarterback moves in the football toss and each one took a bronze in their respective groups. Finally, **Cindy** and **Denise** were able to revisit their old softball days by throwing a softball far enough to earn bronze medals in their age group. I will not say which of them was in the younger group, you will have to ask them. Oh by the way I was able to step my way into a gold medal in my age group in the Steps Competitions. Another nice thing was that even while participating in events, our villagers cheered on their fellow villagers, complimenting their throws, shots and other efforts. All of our village competitors deserve a round of applause for their efforts, whether they medaled or not. The games were a lot of fun and I highly recommend them to be put on your agenda for 2026. I know you will have fun.



CLUB NEWS

VETERANS



“For the veteran, thank you for bravely doing what you’re called to do so we can safely do what we’re free to do.”

— Author unknown.

Hello Villagers, yep, it is I and I’m back.

This year, we were able to use our new flags for our Memorial Day Service, and they really looked great. With Amy’s permission, we were able to leave them up until after the 4th of July. We received many compliments from villagers and from others who happened to come to the village for various reasons. We were told that it adds so much to the look of the village when you drive in. We were even asked by some to keep the flags up year round. We were also complemented on the Memorial Day service that we hold each year. This year I added a couple of new items to the agenda and it worked out well. It was held indoors like it was in 2024, and that seems to work out better than the outdoor ceremonies we used to have. I would like to thank all who helped me put it on, my honor guard, the village singers, our chaplain and others who played a part in the service. One of the really nice things is that all who participated are from our village, ‘WE’ do this together. I would also like to thank all of you who attended, that kind of support means a lot.

Well pool season is upon us, and we, the Vet Group, have started our Hot Dog Wednesday (HDW) routine of feeding starving villagers and their kids and grands. Unfortunately with the weather being so extreme, it is hard to get a bunch of old guys like us to put up with the heat. You know what they say, “If you can’t stand the heat get out of the kitchen” and that is exactly what we did. Actually we did not even bother to open up, when we found out what the weather was supposed to be we just cancelled the event. It only happened once so far, if I remember correctly but there is the threat of some more extreme heat before the Summer is over. Now as to the rest of the Summer, we will most likely have something at the end of the pool season, either for our famous singers Ron, John and Scott, if they tie their concert in to Labor Day weekend or we will just have a Labor Day event. Either way we will treat it like one of our HDW’s and sell hot dogs and hamburgers, soda, water and chips.

Of course we will continue to have our monthly Friday Night Bingo, and that is a given, you can rest assured. We have not finalized plans for the Fall or Winter yet. We will have our annual Vet Luncheon, but not on Veterans Day like we did last year. We will probably take clothing orders at the luncheon, like last year and hopefully the orders will be ready close to the holidays. We are still saying ‘NO’ to having video horse racing again, but anything can change and we may revisit that item in the future. There is still some talk about trips, both day and overnight but nothing has been planned yet.

Well, ‘Thas-all’ folks, have a great rest of the summer stay safe, hydrated and out of the sun. Go somewhere, do something, ENJOY.

Submitted by Wayne Hartman Vet Group board member.

CRAFT CLUB



We will wrap up summer with a project that will use up all those bbq beer bottle caps! We’re still working on the Fall Craft Club project line up, but rest assured it will include pumpkins, flannel and fall foliage! I’ve been working on cleaning out the craft clutter in the clubhouse storage room and would love your ideas for projects that include fabric scraps and small glass jars. The Craft Club meets on the first Sunday of the month at 1 p.m. Sign-up sheets are always on the bulletin board in the clubhouse.

I can be reached at 215-738-1248 or kathrynconti@yahoo.com.

Kathy Conti

Dance Class Starts Again!

Get on your dancing shoes. Line dance classes start again, **Tuesday’s from AUGUST 5th until May 19th from Noon until 1:00 p.m. All are welcome.** We’ll go over the old dances and learn some new ones. Come out and have some fun and be ready for those Social Events.

Cheryl Gonzalez and Irene Kennedy



BOOK CLUB



West with Giraffes, Lynda Rutledge

Goodreads Summary: It's 1938. The Great Depression lingers. Hitler is threatening Europe, and world-weary Americans long for wonder. They find it in two giraffes who miraculously survive a hurricane while crossing the Atlantic. What follows is a twelve-day road trip in a custom truck to deliver Southern California's first giraffes to the San Diego Zoo.

VBS Book Club Rating: 9.2

All agreed that this comedy/romance/adventure/historical fiction novel was a very enjoyable and joyful read. Giraffe lovers enjoyed the detailed story, especially the ending. Main character, Woody's relationship with the giraffes, references to the Dust Bowl, and the inclusion of actual newspaper articles from the journey added to the member's enjoyment.

Negatives mentioned were that it was wordy, a hard read, with long chapters, and lots of heart dropping disasters.

Book Club member, Bette Simms, shared that she was a child living in Vermont when the Great Hurricane of 1938 hit Vermont. She particularly enjoyed the summary of vernacular from that time period included at the back of the book, e.g., Dapper Dan, Hobo Cards

Members suggested other good reads involving animals: *Remarkably Bright Creatures*, *Isabelle and the Whales*, *Black Beauty*, *Sea Biscuit*, and *Old Yeller*.

Kathy Conti

• • •

June book club was a reader's choice of any Kristin Hannah book they wished to read.

- "Magic Hour" is a delightful story about a child psychiatrist who helps a young girl found living in the wilderness survive trauma and adversity through human connection.
- "The Things We Do For Love" is a story about a divorcee who returns home to her family's restaurant and befriends a troubled young woman giving her solace and support. Proving family can be either biological or chosen.
- "Firefly Lane" follows two friends through three decades of their lives, exploring their bond, and challenges in the ever-changing landscape of the Pacific Northwest.
- "Winter Garden" is the story of wartime Leningrad in World War II. Anya tells her daughters the full story of her life in Russian fairy tale fashion.
- "The Women" tells the story of Vietnam War nurses, their challenges and sacrifices during and after their service.
- "Angel Falls" tells the story of a woman who falls into a coma after a riding accident, and how she is persuaded to come out of it through the power of hope and love.

Beth Slim told us about meeting Kristin Hannah at a book signing. She told the story of her life starting out as a lawyer and then when her mother was fighting breast cancer, they both started writing a novel together. That is how she got her start.

Cheryl Gonzalez

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CLUB NEWS



The Knit/ Crochet Club

The Knit/Crochet Group, a group of women who enjoy handwork and helping others, has recently renamed itself VBS Crafty Grannies. We meet the second Wednesday of every month at 10:00 in the Card Room of the Clubhouse and would be delighted to have you join us. Whether you're an expert or a beginner, there's something for everyone. You can work on one of our many projects or bring your own. We have yarn, patterns, crochet hooks, and knitting needles available.

We create and donate items to various groups, including nursing homes, hospice care, the homeless, and veterans. One of the great things about our items is that they don't have to be specific sizes because most items can be any size. As they say, there's a hat for every head. Some of the items we make include lap robes, blankets, shawls, fingerless gloves, hats, and fidget mats. We also welcome new ideas, so feel free to use one of our patterns or create your own. If you have a friend, relative, or neighbor who could benefit from one of our items, please let me know, and we'd be happy to get it to them.

One of our ongoing projects is a patchwork blanket for a veteran or someone who would benefit from one. The only requirement is that the piece must be 7x9 or 9x7 inches. It can be either knit or crochet using any pattern you prefer. The blankets for the veterans can be red, white, or blue, or any combination thereof. For others, they can be any color; they will be stitched together to make a blanket that is a gift from the community. Anyone can help out; there's a basket in the Clubhouse under the bulletin board where you can leave them.

We would love to have you join us, even if it's just to pop in and see what we're about. If you have any questions, please feel free to contact me.

Cathi Pirvincy
617-455-2780



DART LEAGUE

The Buckingham Springs Men's Dart League will start its 18th year on Wednesday, October 1, 2025 and will run until Wednesday March 25, 2026. The League consists of six teams with four players on each team, (24 total members). Signup sheets will be on the bulletin board September 1st to the 15th. If you are coming back from last year just check your name. If you signed the new sheet and if there are any openings throughout the year, you will be called in order of your name on the list.

Mike Hennelly

CORNHOLE LEAGUE



The Buckingham Springs Cornhole League will start its 6th year on Saturday October 11th at 10AM and will end the last Saturday in March the 28th depending on scheduled Saturday events through the year in the Clubhouse. There are 10 teams of four players with few openings. Sign up sheets will be on the Bulletin Board from September 1st to the 15th. Players from last year just check off your names. New signups will be put on a list and can be called to substitute.

Mike Hennelly



WOMEN'S DARTS

Women's darts is held **every Monday starting October 13th** on the second floor of the Clubhouse at 4:00 P.M. We're here for some fun and laughs. No

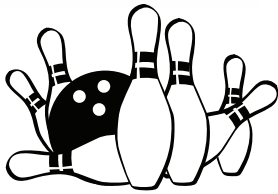
heavy competition. You're only competing against yourself. It only lasts an hour or so.

So come join us for some friendly banter and a new activity. This activity ends **May 18th**, so it is not a huge commitment. And it will be good to get out of the house since some of the summer activities have stopped. Hoping to see you there.

Cheryl Gonzalez and Irene Kennedy

SUDOKU ANSWER

2	9	6	3	5	8	4	7	1
8	4	5	1	2	7	9	3	6
7	1	3	4	6	9	2	8	5
6	8	1	5	3	2	7	9	4
3	2	4	7	9	1	5	6	8
5	7	9	6	8	4	1	2	3
4	5	2	8	7	6	3	1	9
9	3	8	2	1	5	6	4	7
1	6	7	9	4	3	8	5	2



Bowling News

August-September 2025

Since the Buckingham Senior League is not bowling in the summer, the only news is the start date of the 2025/26 league, which is on Thursday, August 28 at 12 noon. Please arrive at noon so there is time to get settled. The first day is usually a little confusing.

If you are planning to join the league but are not sure if you will be able, please bowl a few games before the league starts to make sure. This is a commitment to your team. It's understandable if you have a medical problem during the season. We would just like to eliminate someone from bowling for one week and quitting. I hope you understand. Our bowlers have a range of averages from 69 to 190. Make no mistake...we are a fun league not a money league. The prize for First Place at the end of the year is \$10 and bragging rights! The cost to bowl is \$11 and includes, besides bowling, the cost of the Banquet, and a \$10 weekly random prize PLUS door prize money at the Banquet! Call Steve Lustig @ 314-954- 3992 if you would like to join us.

I look forward to another "FUN" year with all of you.

Till next time *Irene Kennedy*



The Garden Club

The Garden Club had meetings on June 10 and July 8. June was well attended, but July was a stormy evening, with a tornado warning in effect.

In June, we discussed how the plantings and seeds grew. Everyone seemed to be having good luck and had high hopes. The deer and rabbits were still munching on some hostas and ferns.

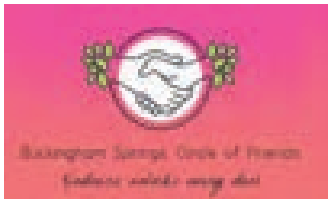
In July, we focused on pests in the garden. MaryAnn reviewed a book - Vegetable Garden

Pest Handbook, author Susan Mulvihill - that shows identification of insects, pictures from larvae stage to adult stage and discusses common pest problems using all natural solutions. She got her copy on Amazon. Jim had a list of natural solutions and discussed them. We talked about what insects we see in our gardens on plants and vegetables.

Our next meeting will be on August 12. We are hoping to do a Garden Tour in the Village.

Best wishes, Maryellen

Cell = 609-254-5616



Circle of Friends

Here's The Skinny

**Workshop to Address How We Can Save Money on Medicare;
Tickets on Sale Soon for "End of Summer" Raffle Basket**

The Circle of Friends is sponsoring a "Here's the Skinny" workshop on Monday, September 29 at 11 am in the clubhouse, featuring a Medicare expert who can save us money on our benefits.

Susan Lane, a licensed insurance agent who specializes in Medicare health plans, and has helped residents here, will review the basics of Medicare and the different types of plan options available. Her workshop will be held just days before the annual Medicare enrollment period begins from October 15- December 7, 2025.

She has nearly 20 years' experience in Medicare counseling, and has received praise from Buckingham Spring residents for her guidance in navigating and saving money on the health plan network.

The Circle of Friends is also sponsoring its **"End of Summer" raffle basket** again this year. This year's basket includes a \$300 gift certificate to the restaurant Capitol Grill, located 20

minutes away, in the Newtown shopping center. It also will include movie passes, fine wine and champagne and a non-alcoholic product from Free Spirit, located in the Buckingham Green shopping center.

Kathie Helm, who designs the basket explains that this year's basket Isn't really a basket! She's found a portable wine cooler with sections for wine bottles and cans. She has included a variety of items to complement the "basket," (which Kathie says looks really neat!) Items include a wooden cheese board, a set of four cheese knives, appetizer plates and napkins and an electric wine bottle opener. The "basket" will be on display and **tickets will go on sale July 26**, during a poolside concert. The raffle drawing will be held on September 1, Labor Day, at poolside.

Raffle tickets are \$5 for one and \$10 for 3. Proceeds cover the Circle of Friends activities including the purchase of a small gift for new residents, the organization's workshops and any expenses associated with providing support for residents in need.



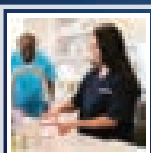
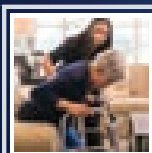
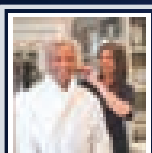
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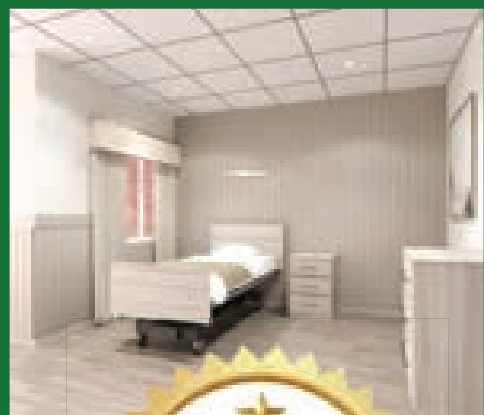
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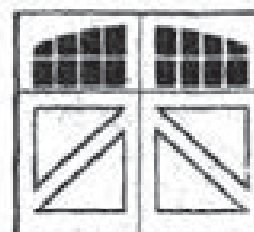
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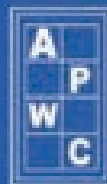
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